

Welcome to Norrköping Upper Secondary Schools

We would like to welcome you to a new semester and a new academic year in upper secondary school. We would also like to remind you that we are still in the midst of a pandemic and that we have a shared responsibility to reduce the spread of infection. This information is about the continued routines in upper secondary schools regarding Covid-19 and is aimed at you as a student and for you as a guardian.

Unlike during the spring term, the upper secondary schools in Norrköping are now open and have regular activities up and running again. Adjustments in the activities may be made and have already been made to follow the recommendations of the government and the Public Health Agency of Sweden. All activities in the municipality keep themselves up to date on the current situation.

Together we can reduce the spread of infection. We must take a shared responsibility and this is where we need your help.

How to avoid spreading infection

- **Wash your hands frequently and thoroughly with soap and water.**
- **Stay at home if you are sick**
It is important that you stay home from school if you are sick and have cold-like symptoms such as a runny nose, cough or fever. This also applies to milder symptoms. It is important to avoid infecting others. This also means that we need to ask students who have symptoms of illness to go home from school. This applies to all types of illnesses. Students who are sick must stay at home until they are healthy and have had no symptoms for an additional two days.
- **Cough or sneeze into your elbow**

- **Keep a distance of one to two metres from others and avoid shaking hands or hugging**

This applies as far as possible when we organise teaching, but keeping some physical distance also generally applies in the school's activities.

You can help by getting to school by other means than by bus or tram

- Many students currently travel by public transport to school. However, we would like to encourage those of you who can to get to school in a different way – walk, bike or choose another option if you have that option.
- If you need to travel by public transport, it is especially important to show consideration and keep your distance from fellow travellers. This applies both on board and at the stop, but also when you get on or get off. Let those who step off do so before you board yourself.
- Arrive at the stop in plenty of time if you need to travel by public transport.

Distance learning in upper secondary school

- Norrköping's upper secondary schools are open and the teaching takes place at the school. If you are healthy, you should attend school and receive education and training.
- Elements of distance learning can also occur during the autumn if the nature and content of the training is better suited to be carried out at a distance.
- The principal may decide on individual solutions for students who are in a high risk group.

School attendance

- We want all students who are sick or have mild symptoms to stay at home. If you are healthy, you should be at the school where the teaching takes place so that you receive your education.

Development talks

- Each school will provide information on how the autumn development meetings will be conducted.

Visit [norrkoping.se](https://www.norrkoping.se) for information about the coronavirus, questions and answers and links to other government authorities. The information will be updated on an ongoing basis:

<https://www.norrkoping.se/information-om-coronaviruset>

There is also a special website for young people on the [norrkoping.se](https://www.norrkoping.se) website. There we have gathered information linked to the virus in one place, so that it will be easy to find. There are easy-to-read facts about the virus and advice on how to take care of yourself if you are at home with mild symptoms, but still try to keep up with your schoolwork. Please visit the page: [norrkoping.se/corona-information-till-unga](https://www.norrkoping.se/corona-information-till-unga)

If you have any questions or concerns, please feel free to contact your mentor or principal.

Kind Regards,

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